



पं० प्रथी नाथ (पी.जी.) महाविद्यालय, कानपुर
PANDIT PRITHI NATH (P.G.) COLLEGE, KANPUR

96/12, Mahatma Gandhi Marg, Kanpur - 208 001

Telefax : 0512 - 2361924, Website : www.ppncollege.org • e-mail : ppncollegekanpur@gmail.com

Ref. No.

Dated

DEPARTMENT OF PSYCHOLOGY

PG LEVEL- M.A. PSYCHOLOGY

SEMESTER WISE COURSE OUTCOME

SEMESTER- VII

PAPER-I

COURSE CODE: A090701T

CREDITS: 4

Course Title: Higher Mental Processes

CO 1: Students will develop awareness and understanding about Language Comprehension, Spoken Language: Speech Perception, Constituent Structure, Transformational Grammar, Reading: Perceptual Processes and Theories of Word Recognition; Discovering meaning. Interface in Reading.

CO 2: Students will develop understanding about Language Production; Speech Error; Gestures and Context; Writing: Comparison between Speaking and Writing; Cognitive Tasks involved in Writing; Bilingualism: Advantages and disadvantages.

CO 3: Students will develop understanding about Problem Solving Approaches and Factors Influencing Problem Solving.

CO 4: Students will develop understanding about Creativity and its Nature and Measurement and Factors affecting Creativity.

CO 5: Students will develop understanding about Logical Reasoning, Conditioning and Syllogism, Decision Making: Representativeness and Availability Heuristics, Anchoring and Adjustment; The Framing Effect and Overconfidence in Decisions.

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PAPER-II

COURSE CODE: A090702T

CREDITS: 4

Course Title: Advanced Social Psychology

CO1: Students will develop understanding about Social Psychology its Nature, Research Methods in Social Psychology; ethnography, cross-cultural, and observation, Recent Research Ethics.

CO2: Students will develop understanding about Person Perception; Impression Formation, Self-perception; Attribution; Theories and Biases.

CO3: Students will develop understanding about Social Cognition; Social Inference, Attitude; Features and Theories of Attitude Change; Cognitive Dissonance Theory.

CO4: Students will develop understanding about Personal Relationship; Interdependence Theory; Balance of Power, Satisfaction and Commitment; Aggressive Behavior; Intimate Violence; Helping Behavior; Bystander Intervention.

CO5: Students will develop understanding about Social Motivation, Group Influence, Social Facilitation, Group Polarization, Group Think and Mob behavior, Leadership, Social Exchange; Bargaining and Negotiation, Intergroup Conflict, Dealing with adversity and happy life.

PAPER-III

COURSE CODE: A090703T

CREDITS: 4

Course Title: Quantitative Research Methods

CO1: Students will develop understanding of Descriptive and Inferential Statistics; Normal Probability Curve, Parametric and Non-parametric Test, t-Test and DMRT.

CO2: Students will develop understanding of Types of Research Design: Factorial, Correlation and Observational. Classification of Variables; Hypothesis: Criteria and types; Sampling Techniques.

CO3: Students will develop understanding of correlation, Product Moment, Rank Order, Biserial, Point biserial, phi coefficient.

CO4: Students will develop understanding of Multivariate Analysis of Variance (MANOVA) Assumptions, Applications and Limitations.



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CO5: Students will develop understanding of Measures of association; Multiple regression (Linear, Stepwise), Factor Analysis (nature and implication).

PAPER-IV

COURSE CODE: A090704T

CREDITS: 4

Course Title: Philosophical Perspective and Contemporary Trends

CO1: Students will develop understanding of Historical Origins of Psychology as a Science; Paths of scientific psychology- Human science tradition- Psychology of adaptation, Psychoanalysis, Physiological Psychology.

CO2: Students will develop understanding of Issues in Psychology; Crisis in Psychology Due to Strict adherence to experimental Paradigm. Brief Introduction to; Bhagavad Gita, Vedant, Buddhism and Sufism.

CO3: Students will develop understanding of Western Perspective; Greek heritage, Structuralism, Functionalism, Gestalt, Psychoanalysis, Behaviorism, Humanistic Existential, Cognitive revolution.

CO4: Students will develop understanding of Aspects of Knowledge Paradigm; Existential Phenomenology, Self-Knowledge and Well- being in India Psychology.

CO5: Students will develop understanding of Current trends in Psychology; Positivism, Social Constructionism.

PAPER-V

COURSE CODE: A090705P

Credit: 4

Course Title: Practical

CO1: The student learn to conduct lab experiment, analyze the data, and interpret the findings and write report on Interpersonal Relationship or Self-Concept

CO2: The student learn to conduct lab experiment, analyze the data, and interpret the findings and write report on Memory (STM or LTM) or Raven's Progressive Matrics

CO3: The student learn to conduct lab experiment, analyze the data, and interpret the findings and write report on Correlation Study or Attraction and Interpersonal Relationship or Social Cognition



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SEMESTER- VIII

PAPER-I

COURSE CODE: A090801T

CREDITS: 4

Course Title: Qualitative Research Methods

CO1: Students will develop understanding of Qualitative Research Theoretical orientations; social construction and constructivism, hermeneutics.

CO2: Students will develop understanding of Triangulation and Mixed method, General principle: research question: choosing the right method.

CO3: Students will develop understanding of Interpretative phenomenological analysis and Grounded Theory: Concept, Assumptions and process.

CO4: Students will develop understanding of Discourse Analysis, Narrative Analysis and Focus Group: Concept, Assumptions and process.

CO5: Students will develop understanding of Qualitative Psychological Research ethics, Principle Issues, Guidelines and questions; Reporting Qualitative Research.

PAPER-II

COURSE CODE: A090802T

CREDITS: 4

Course Title: Theories of Personality

CO1: Students will develop understanding of Components and Criteria for Evaluating Personality Theories; Basic Assumptions Concerning Human Nature.

CO2: Students will develop understanding of Psychodynamic Theories: Freud; Carl Jung; Adler.

CO3: Students will develop understanding of Dispositional Theories: Gordon Allport; Raymond Cattell; Hans Eysenck.

CO4: Students will develop understanding of Humanistic and Cognitive Theories: Abraham Maslow, Carl Rogers; George Kelly.

CO5: Students will develop understanding of Social Learning and Eastern Theories: Albert Bandura; Triguna and Other Indian Perspective- Buddhism.



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PAPER-III

COURSE CODE: A090803T

CREDITS: 4

Course Title: Psychological Assessment

CO1: Students will develop understanding of Psychological Assessment: Nature and Scope, Psychological measurement and Tests: Nature and Types.

CO2: Students will develop understanding of Projective Techniques: Concepts and Types, Rorschach and TAT.

CO3: Students will develop understanding of Psychological Assessment of General and Specific Abilities.

CO4: Students will develop understanding of Assessment of Personality: Psychometric Tests and Self Report Inventories, Interview.

CO5: Students will develop understanding of Neuropsychological Tests: Assessment of Attention, Learning, Memory and Language functions, Neuropsychological Batteries; LNNB

PAPER-IV

COURSE CODE: A090804T

CREDITS: 4

Course Title: Neuro-physiological Basis of Behaviour

CO1: Students will develop understanding of Basic Functional COand methods; Neuron, Nerve Impulse transmission and synapse, methods of study and techniques.

CO2: Students will develop understanding of Organization of Nervous system: Peripheral and Central Nervous System, Hemisphericity.

CO3: Students will develop understanding of Neurophysiology of Emotions, Sleep and Sex.

CO4: Students will develop understanding of Neuro-physiological Basis of Attention, Memory and spatial behaviour.

CO5: Students will develop understanding of Neuropsychology of Cognitive Impairment; Dementia, Amnesia, and Aphasia, Stroke and Focal brain Damage



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Paper V

Course Title: Practical

COURSE CODE: A090805P

CREDITS: 4

CO1: The student learn to conduct lab experiment, analyze the data, and interpret the findings and report writing on Case Study or Interview Method

CO2: The student learn to conduct lab experiment, analyze the data, and interpret the findings and report writing on Projective Test or Differential Aptitude Test

CO3: The student learn to conduct lab experiment, analyze the data, and interpret the findings and report writing on Problem Solving or Creativity Test

CO4: The student learn to conduct lab experiment, analyze the data, and interpret the findings and report writing on Any Neuropsychological Test or Intelligence Test.

Paper VI

COURSE CODE: A090806R

CREDITS: 4

Course Title: Dissertation/ Internship/ Project

CO1: Based on the field visit observations and experiences, the learner get in previous Semester , he/she plan to visit to identified unit, organization, community etc. to get an understanding of the same.

CO2: Students will develop understanding of data collection either through questionnaire, or interview or with the help of audio-visual medium based on the identified research problems/issues.

CO3: Students will develop understanding of how to Analyze the data and submit a detailed report and a presentation. The student will write the proper thesis.



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SEMESTER- IX

PAPER-I – (Core) COURSE CODE: A090901T

CREDITS: 4

Course Title: Psychopathology

CO1: Students will develop understanding of Classification systems in psychopathology: ICD 10, DSM–IV-TR and recent revisions; Approaches to psychopathology: Biological, psychodynamic, behavioral, cognitive, and socio-cultural.

CO2: Students will develop understanding of Anxiety disorders: Symptoms and etiology of generalized anxiety disorder, panic disorder, phobia, obsessive-compulsive disorder and post-traumatic stress disorder.

CO3: Students will develop understanding of Somatoform and dissociative disorders: Symptoms and etiology of somatization, hypochondriasis, pain disorder and conversion disorder. Dissociative disorders: Multiple personality and fugue.

CO4: Students will develop understanding of Psychotic disorders: Symptoms and etiology of schizophrenia and delusional disorders; mood disorders.

CO5: Students will develop understanding of Cognitive impairments: Approaches and etiology of delirium, dementia and amnesic syndromes, dementia of the Alzheimer's type, pre-senile dementia, Pick's disease, Huntington's chorea.

PAPER-II-(Core)

COURSE CODE: A090902T

CREDITS: 4

Course Title: Positive Psychology

CO1: Students will develop understanding of Positive psychology: Historical roots, assumptions and goals, Eastern and western perspectives on positive psychology.

CO2: Students will develop understanding of Happiness: Facts of life, culture and personal goals, Principles of pleasure.

CO3: Students will develop understanding of Positive cognitive states and processes: Self-Regulation and self- control, Resilience, Self-efficacy, Optimism, Hope.

CO4: Students will develop understanding of Virtues and Strengths of character: Mindfulness, Flow, Spirituality, Altruism, Gratitude, Forgiveness.



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CO5: Students will develop understanding of Psychology of Well-being: Meaning of well-being, The well-being models, Factors affecting well-being, Promoting well-being among people.

PAPER-III- (Elective)

COURSE CODE: A090903T

CREDITS: 4

Course Title: Organizational Behaviour

CO1: Students will develop understanding of Organizational Behaviour: Nature and Scope of Organizational Behaviour, Historical Background; Foundation of Organizational Behaviour, Modern Organizational Theories, and Research Methods.

CO2: Students will develop understanding of Motivation and Emotion: Concept, McClelland's Need Theory, Two Factor Theory and Overview of Contemporary Theories of Motivation, Job Satisfaction; Emotion; Concept, Emotional Intelligence and Emotional Toil.

CO3: Students will develop understanding of Leadership, Power and Politics: The Nature of Organizational Leadership, Contemporary Models of Leadership, Power; Types and Bases, Organizational Politics; Causes and Consequences of Political Behaviour.

CO4: Students will develop understanding of Communication and Decision Making: Communication Process, Direction, Barriers in Communication Effectiveness, Decision Making; Rationality, Factors Affecting Decision Making.

CO5: Students will develop understanding of Organizational Conflict, Change and Stress Management: Conflict Process, Managing Conflict; Organizational Change and its Management, Managing Work Stress.

PAPER-IV- (Elective)

COURSE CODE: A090906T

CREDITS: 4

Course Title: Counselling Psychology

CO1: Students will develop understanding of Counselling: The Art and Science of Helping; Difference between counselling and psychotherapy; History and Present status of counselling



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in India; Goals of counselling; Characteristics of counsellor and counselee; Professional issues.

CO2: Students will develop understanding of Process of Counselling: Counselling Relationship techniques: Rapport building, Reflection of feeling, Acceptance, Silence, Reassurance, Listening, Empathy. Special Relationship problems: Transference, Counter transference, Resistance; Stages of Counselling.

CO3: Students will develop understanding of Approaches to Counselling: Phenomenal; Existential; Cognitive-Behavioural; Elective; Individual vs. Group Methods of Counselling.

CO4: Students will develop understanding of Counselling for Special Groups: Counselling children with learning and behaviour problems; Counselling adolescents for better adjustment; Counselling Women and Elderly.

CO5: Students will develop understanding of Counselling Application: Marital Counselling; School counselling; Counselling patients with chronic medial illness (HIV & Cancer).

PAPER-V- (Elective)

COURSE CODE: A090908T

CREDITS: 4

Course Title: Developmental Psychology

CO1: Students will develop understanding of Human Development: Life Span Perspective, Foundation of Development; Nature-Nurture; Theoretical Perspectives of Life Span Development; Research Methods.

CO2: Students will develop understanding of Conception to End of Infancy: Prenatal Development, Child Birth and The Neonates. Infancy: Physical, Cognitive, Emotional, Social and Personality Development.

CO3: Students will develop understanding of Childhood: Physical and Cognitive Development, Emotional, Social and Personality Development in Early and Late Childhood; Moral Development.

CO4: Students will develop understanding of Adolescence: Physical, Cognitive, Emotional and Social Development; Personality Development; Formation of Identity; Change or Crisis, Marcia's Approach to Identity Development, Updating Erikson.



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CO5: Students will develop understanding of Adulthood to End of Life: Cognitive, Social and personality Development in Early and Middle Adulthood. Aging: Physical and Cognitive Changes, Social and Personality Changes; Death, Dying and Bereavement.

SEMESTER – X

PAPER-I – (CORE)

COURSE CODE: A091001T

CREDITS: 4

Course Title: Psychotherapeutic Intervention

CO1: Students will develop understanding of Therapeutic Intervention: Nature, goals and course of interventions. Objectives and approaches. Distinction between Psychotherapy and other orientations. Client characteristics; Therapist characteristics; Psychotherapeutic relationship; Therapeutic boundaries.

CO2: Students will develop understanding of Types of Psychotherapy: Psychoanalysis: Background and Basic principles; Techniques of psychodynamic psychotherapy; Later developments; Treatment applications. Client-centered therapy - Theoretical bases, Techniques in psychotherapy. Existential Psychotherapy and Gestalt therapy - Theoretical bases,

CO3: Students will develop understanding of Techniques in psychotherapy. Techniques based on classical and operant conditioning: systematic desensitization, exposure techniques, contingency management, token economy, biofeedback procedures. Therapeutic techniques based on Beck's cognitive therapy and Ellis' Rational Emotive Therapy.

CO4: Students will develop understanding of Supportive therapies; Milieu therapy, Motivational therapy, Creative art therapy. Holistic approach to therapy; Yoga, Meditation, Bio-feedback and Placebo effect. Indian tradition of healing.

CO5: Students will develop understanding of Counselling relationship process; Trainings in social skills; life skills training, anger control, social skills training including sexual skills and competence; Programs for special populations; juvenile offenders; in an institutional setting.



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Social skills for women and elderly; Programs for the severely impaired; Social skills training with psychiatric patients and mentally retarded

PAPER-II – (CORE)

COURSE CODE: A091002T

CREDITS: 4

Course Title: Health Psychology

CO1: Students will develop understanding of Development of Health Psychology: Models of Health, Approaches to Health; Psychology, Role of Health Psychologists.

CO2: Students will develop understanding of Stress, Illness and Coping: Stress-Meaning, Sources and Impact on health; Stress, Behaviour and Illness; Moderators of Stress Experience- Coping Strategies and Social Support.

CO3: Students will develop understanding of Health and Behaviour: Behavioural pathogens and behavioural immunogens; Psychological theories about health behaviour; Modification of health behaviour.; Health Promotion, Methods for promoting Health.

CO4: Students will develop understanding of Chronic and Terminal Illnesses: Diabetes-Types, Health implications, Problems in Self-management and Intervention with diabetics; CHD –Risk factors, Prevention and Management; Cancer- Prevalence and Types, Psychosocial factors and cancer; Adjusting to cancer; Coping with cancer and intervention; AIDS – Risk factors, Effect and treatment of AIDS.

CO5: Students will develop understanding of Treatment Setting and Management: Patient-Provider relations; psychosocial interventions for psychological issues for people with chronic illnesses; Chronic pain management



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PAPER-III- (Elective)

COURSE CODE: A091003T

CREDITS: 4

Course Title: Indigenous Psychology

CO1: Students will develop understanding of Diverse perspectives on the discipline of psychology: Biological, Social, Cultural; The debate on 'scientific paradigm' and its implications for indigenous psychology

CO2: Students will develop understanding of Changing perspectives, Emergence of Cultural, Cross-cultural and indigenous psychologies. The non-western perspectives on psychology.

CO3: Students will develop understanding of Methods of knowing in Indian tradition with reference to Sankhya, Vedant, Yoga and Buddhism.

CO4: Students will develop understanding of The problems of self and understanding. The notions of mind, consciousness and spirituality, Health and Well-being: Yoga and Meditation: Pranayama, Mudra, Bandhas, Pratyahar, Dharma, Dhyan, Compassionate Action.

CO5: Students will develop understanding of Indian perspectives on conceptualizing man-environment relationship, Social behaviour: The challenges of individuality and relatedness, Motivation: Intrinsic motivation, Ideas of Anasakti, Work Happiness.

PAPER-IV- (Elective)

COURSE CODE: A091004T

CREDITS: 4

Course Title: Psychology of Rehabilitation

CO1: Students will develop understanding of concept of Rehabilitation: Definition, nature and rationale. Models of rehabilitation.

CO2: Students will develop understanding of concept of Disability: Concept of impairment, disability and handicap. Classification of disabilities; RCI and NSSO.

CO3: Students will develop understanding of Assessment of disabilities: Purpose and goals of assessment and evaluation; Norm referenced, criterion-referenced and functional assessment, psychological tests as assessment tools.



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CO4: Students will develop understanding of Rehabilitation techniques: Types of rehabilitative intervention-person and environment focused interventions for rehabilitation in community and work settings. Behavioural therapeutic approaches to rehabilitation

CO5: Students will develop understanding of Rehabilitation services: Setting and perspectives; Types of rehabilitation; Ethical issue in rehabilitation.

PAPER-V- (Elective) COURSE CODE: A091008T CREDITS: 4

Course Title: Psychology of Stress and Coping Strategy

CO1: Students will develop understanding of Nature of Stress and Health: Lazarus and Folkman's transactional model; Eastern/Oriental conceptualization stress; Sources/Types of stress; Life events stress; Worksite/Organizational/Executive stress; Examination stress; Gender and stress.

CO2: Students will develop understanding of Behavioural and physical symptoms. Burnout stress syndrome (BOSS). Anxiety, anger and depression as emotional vital signs of mental health; Their nature and management.

CO3: Students will develop understanding of coping, Socio-Demographic: (e.g., socio-economic status, gender), personality (e.g., type A behaviour pattern) and coping strategies (problem-focused and emotion-focused), as moderators of the relationship of stress and health/well-being.

CO4: Students will develop understanding of Social Resources: Social/Family/Peer/Supervisory support and their appraisals as moderators of relationship of stress and health/well-being.

CO5: Students will develop understanding of Self-Management via increasing self-awareness. Yogic meditation; Buddhist Vipassana; Bio-feedback; Assertiveness training; Time management. Coping with organizational role stress. Coping with mergers and acquisition dealing with dual-career relationships.

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