

Pt. Prithi Nath (PG) College, Kanpur

# Annual Sports

## Fest - 2024

15 to 22

March

2024



"Fuel Your Passion: Ignite the Spirit of Sports!"

## Team Mentors

<b>“Team Science”</b> (All Students of B.Sc & B.C.A)	<b>“Team Commerce”</b> (All Students of B.Com. & B.B.A)
<ul style="list-style-type: none"> <li>Dr. Monal Singh (Convenor)</li> <li>Mr. Anil Singh</li> <li>Mr. Rohit Maurya</li> <li>Mr. Ashish Tripathi (BCA)</li> <li>Ms. Akansha Shukla (BCA)</li> </ul>	<ul style="list-style-type: none"> <li>Prof. A.K. Gupta (Convenor)</li> <li>Dr. Shrasti Katiyar</li> <li>Dr. K.M.P. Singh</li> <li>Dr. Ankit Gupta (B.com S F)</li> <li>Ms. Pooja Vidyarthi (B.B.A)</li> </ul>
<b>“Team Arts”</b> (All Students of B.A. & BTC)	<b>“Team PG”</b> (All Students of M.A + M.Sc + M.Com + Ph.D)
<ul style="list-style-type: none"> <li>Prof. D.C. Katiyar (Convenor)</li> <li>Dr. R.N. Patel</li> <li>Dr. Dinesh Yadav</li> <li>Dr. Sakshi Rai</li> <li>Dr. Apoorv Tiwari (BTC)</li> </ul>	<ul style="list-style-type: none"> <li>Dr. Kashif Imdad (Convenor)</li> <li>Dr. Anoop Kumar Singh</li> <li>Dr. Manu Chauhan</li> <li>Dr. Kirti Chauhan</li> <li>Dr. Sandhya Pandey (M.Sc SF)</li> </ul>



### Responsibilities & Duties of Team Mentors

- Team mentors, who are tasked with preparing, managing, and guiding teams to ensuring their victory
- Making strategic decisions during competitions to maximize the team's chances of success
- Mentors inspire and motivate team members to give their best effort and maintain a positive attitude, both on and off the field
- Providing constructive feedback and guidance to their team for improvement.

# SCHEDULE OF SPORTS EVENTS

Day/ Date	Name of Sporting Event	Fixture of Matches	Timings	Venue
Day – I (15/03/2024) Friday	Volleyball (Boys)	Match-1 Team Commerce v/s Team Teachers Match-2 Team Arts v/s Team PG	2:15 pm 4:00 pm	College Volleyball Court
	Kho-Kho (Girls)	Match-1 Team Arts v/s Team Commerce Match-2 Team PG v/s Team Science	2:15 pm 4:00 pm	College Central Ground
Day – II (16/03/2024) Saturday	Cricket (Boys)	Match-1 Team Commerce v/s Team Arts	3:00 pm	College Central Ground
	Badminton (Girls)	Match-1 Team Arts v/s Team Science Match-2 Team PG v/s Team Commerce Match-3 Winner of 1st match v/s Winner of IIInd match	2:15 pm 3:15 pm 4:15 pm	College Badminton Court
Day – III (17/03/2024) Sunday	Track & Field Events (Boys/Girls)	<ul style="list-style-type: none"> <li>• Sprint Races (100m, 200m, 400m)</li> <li>• Long Jump</li> <li>• Javelin Throw</li> <li>• Shot Put</li> <li>• Relay Races</li> </ul>	12:30 pm To 4:00 pm	
Day – IV (18/03/2024) Monday	Kabaddi (Boys)	Match-1 Team PG v/s Team Science	2:15 pm	College Central Ground
	Cricket (Boys)	Match-2 Team PG v/s Team Teachers	3:15 pm	
	Kho-Kho (Girls)	Winner of 1st match v/s Winner of IIInd match	2:15 pm	
Day – V (19/03/2024) Tuesday	Kabaddi (Boys)	Match 2 Team Arts v/s Team Commerce	2:15 pm	
	Cricket (Boys)	Match 3 Winner of 1 <sup>st</sup> match v/s Team Science	3:15 pm	
	Table-Tennis (Girls)	Match-1 Team Arts v/s Team PG Match-2 Team Science v/s Team Commerce Match-3 Winner of 1st match v/s Winner of IIInd match	2:15 pm	

Day – VI (20/03/2024) Wednesday	Kabaddi (Boys)	Match 3 (Final) Winner of 1 <sup>st</sup> match v/s Winner of 2 <sup>nd</sup> Match	2:15 pm	
	Volleyball (Boys)	Match 3 Winner of 1 <sup>st</sup> match v/s Team Science	3:30 pm	
Day – VII (21/03/2024) Thursday	Volleyball (Boys)	Match 4 (Final) Winner of 2 <sup>nd</sup> match v/s Winner of 3 <sup>rd</sup> match	2:15 pm	
	Cricket (Boys)	Match 4 (Final) Winner of 2 <sup>nd</sup> match v/s Winner of 3 <sup>rd</sup> match	3:15 pm	
Day – VIII (22/03/2024) Friday (Final Day)	Tug of War (Girls)	Match 1 Team Science v/s Team commerce Match 2 Team PG v/s Team Arts Match 3 Winner of 1 <sup>st</sup> match v/s Winner of 2 <sup>nd</sup> match		
	Tug of War (Boys)	Match 1 Team Arts v/s Team teacher Match 2 Team Commerce v/s Team Staff Match 3 Winner of 1 <sup>st</sup> match v/s Team Science Match 4 Winner of 2 <sup>nd</sup> match v/s Team PG Match 5 Winner of 3 <sup>rd</sup> match v/s Winner of 4 <sup>th</sup> match		
	Prize Distribution & Closing Ceremony			



### Rules and Regulations for Badminton Game (Girls)

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| <ol style="list-style-type: none"><li>1. Each team shall consist of six players.</li><li>2. Each match shall comprise three games.</li><li>3. The first and third games shall be singles matches, while the second game shall be a doubles match.</li><li>4. Players must participate in the order specified by their team captain.</li><li>5. Each game shall be played up to 21 points.</li><li>6. Players are required to report 15 minutes before their scheduled match time,</li><li>7. Players must wear appropriate sports attire during matches. If not possible then at least player should wear Sports Shoes</li></ol> | <ol style="list-style-type: none"><li>8. All matches shall be played in accordance with the international rules (BWF) of badminton like service, scoring, faults, and other regulations.</li><li>9. Any form of unsportsmanlike behavior, including but not limited to verbal abuse, cheating, or disrespect towards officials, will not be tolerated and may result in penalties or disqualification.</li><li>10. Any player found guilty of cheating or attempting to gain an unfair advantage will be subject to immediate disqualification.</li><li>11. All players should bring their own Badminton racquets</li></ol> |
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### Rules and Regulations for Table-Tennis Game (Girls)

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| <ol style="list-style-type: none"><li>1. Each team shall consist of six players.</li><li>2. Each match shall comprise three games.</li><li>3. The first and third games shall be singles matches, while the second game shall be a doubles match.</li><li>4. Players must participate in the order specified by their team captain.</li><li>5. Each game shall be played best of three sets and each set up to 11 points.</li><li>6. Players are required to report area at least 15 minutes before their scheduled match time.</li><li>7. If Possible then all Players must wear appropriate sports attire during matches.</li></ol> | <ol style="list-style-type: none"><li>8. All matches shall be played in accordance with the international rules of T.T like service, scoring, faults, and other regulations.</li><li>9. Any form of unsportsmanlike behavior, including but not limited to verbal abuse, cheating, or disrespect towards officials, will not be tolerated and may result in penalties or disqualification.</li><li>10. Any player found guilty of cheating or attempting to gain an unfair advantage will be subject to immediate disqualification.</li></ol> |
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### Rules and Regulations for Kho-Kho Game (Girls)

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| <ol style="list-style-type: none"><li>1. Each team shall consist of 12 players.</li><li>2. Each match shall comprise only one innings, with each team having a turn to chase and defend</li><li>3. Each inning shall last for a specified time, 10 minutes.</li><li>4. The team with the highest aggregate score at the end of their innings wins the match.</li><li>5. Players are required to report 15 minutes before their scheduled match time,</li><li>6. If Possible then all Players must wear appropriate sports attire during matches</li></ol> | <ol style="list-style-type: none"><li>7. All matches shall be played in accordance with the international rules of Kho-Kho</li><li>8. Any form of unsportsmanlike behavior, including but not limited to verbal abuse, cheating, or disrespect towards officials, will not be tolerated and may result in penalties or disqualification.</li><li>9. Any player found guilty of cheating or attempting to gain an unfair advantage will be subject to immediate disqualification.</li></ol> |
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### Rules and Regulations for Kabaddi Game (Boys)

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| <ol style="list-style-type: none"><li>1. Each team shall consist of 12 players.</li><li>2. A Match consist of two half each half shall last for a specified time, 15 minutes.</li><li>3. The team with the highest aggregate score at the end wins the match.</li><li>4. Players are required to report 15 minutes before their scheduled match time,</li><li>5. If Possible then all Players must wear appropriate sports attire during matches</li><li>6. All matches shall be played in accordance with the international rules of Kabaddi</li></ol> | <ol style="list-style-type: none"><li>7. Any form of unsportsmanlike behavior, including but not limited to verbal abuse, cheating, or disrespect towards officials, will not be tolerated and may result in penalties or disqualification.</li><li>8. Any player found guilty of cheating or attempting to gain an unfair advantage will be subject to immediate disqualification.</li></ol> |
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### Rules and Regulations for Volleyball Game (Boys)

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| <ol style="list-style-type: none"><li>1. Each team shall consist of 12 players.</li><li>2. A Match consists of three sets of 25 points</li><li>3. The team win two sets will wins the match.</li><li>4. Players are required to report 15 minutes before their scheduled match time,</li><li>5. If Possible then all Players must wear appropriate sports attire during matches</li><li>6. All matches shall be played in accordance with the international rules of Volleyball</li></ol> | <ol style="list-style-type: none"><li>7. Any form of unsportsmanlike behavior, including but not limited to verbal abuse, cheating, or disrespect towards officials, will not be tolerated and may result in penalties or disqualification.</li><li>8. Any player found guilty of cheating or attempting to gain an unfair advantage will be subject to immediate disqualification.</li></ol> |
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### Rules and Regulations for Cricket Game (Boys)

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| <ol style="list-style-type: none"><li>1. Each team shall consist of 16 players.</li><li>2. All Matches will be played with Tennis Ball.</li><li>3. The team with the highest aggregate score at the end wins the match.</li><li>4. Players are required to report 15 minutes before their scheduled match time,</li><li>5. If Possible then all Players must wear appropriate sports attire during matches</li></ol> | <ol style="list-style-type: none"><li>6. All matches shall be played in accordance with the modified rules.</li><li>7. Any form of unsportsmanlike behavior, including but not limited to verbal abuse, cheating, or disrespect towards officials, will not be tolerated and may result in penalties or disqualification.</li></ol> |
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### Rules and Regulations for Tug of War (Boys & Girls)

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| <ol style="list-style-type: none"><li>1. Each team shall consist of 16 players, with a maximum of 12 players actively participating in each match.</li><li>2. Proper footwear, preferably athletic shoes with good traction.</li><li>3. Matches shall be conducted in a best-of-three format.</li><li>4. Players must stand behind the designated starting line, with their feet firmly planted and no part of their body touching the ground in front of the line.</li></ol> | <ol style="list-style-type: none"><li>5. Teams may employ various techniques, such as leaning back and digging their heels into the ground, to gain leverage.</li><li>6. A team wins the pull if they successfully drag the opposing team across the center line, as marked on the rope or indicated by the official</li><li>7. After each pull, teams must rotate their players to prevent fatigue and ensure fair participation.</li></ol> |
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